Nested "for"

Pizza : bread, tomato, ham, cheese,

Hamburger : bread, chopped steak, cheese, sauce,

Apple pie : flour, apples, suggar, quince jelly,

Note that nested "for" is not good for tables : please see order\_tpl.docx for that

Another example :

Saint-Exupery : Le petit prince  
 Saint-Exupery : L'aviateur  
 Saint-Exupery : Vol de nuit

Barjavel : Ravage  
 Barjavel : La nuit des temps  
 Barjavel : Le grand secret

Note : In the above example, for the 2nd "for", at the end of the line, I made a CTRL+ENTER to have a new line and not a new paragraph.